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Holy Orthodoxy: ever-old, ever-new

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**Orthodox Parish of
St Helen of Colchester***Antiochian Orthodox Christian
Archdiocese of the British Isles and Ireland
Metropolitan: His Eminence Archbishop Silouan*
NEWSLETTER 225 NOVEMBER 2015**WEEKDAYS AT ST HELEN'S***Holy Liturgy at 9.30 am as follows*

Wednesday 11 November

St Martin the Merciful, Bishop of Tours

St Menas the Martyr of Egypt

Wednesday 25 November

Great Martyr Catherine

Monday 30 November

Holy Apostle Andrew the First-called

(Saturday 21 November Entry of Theotokos at Clacton)

Patriarch John visits Britain & Ireland to enthrone its first Antiochian Metropolitan

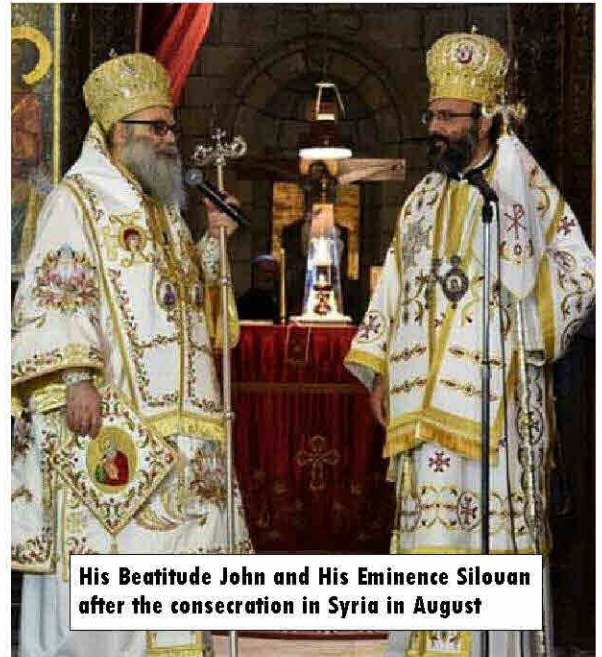
The moment, the *kairon*, has come. At the end of this month of November we shall have our Bishop installed, if not actually living here until the New Year.

We have been praying for a Bishop to care for us ever since the last, Archbishop JOHN, was elected Patriarch of Antioch and All the East three years ago. Now we have one.

In his addresses to date the new Bishop has displayed a strong love for us already. In his latest, address he speaks to the Clergy of the British Isles but it has been read also to the laity in church. He shows his attachment to us even before he has met us. He is a young man of intelligence and ability and of devotion to the ways of Christ.

Your Eminence Archbishop Silouan, Metropolitan of the British Isles and Ireland, Sayedna, we welcome you among us. We have not met you in the flesh either, but we offer our love, and assure you of our prayers to Christ our Lord and Master.

We ask your prayers for us, a flock long without a chief shepherd. We pray that the Church of Antioch in these Islands may flourish under your guidance and bring forth fruit in abundance.



**His Beatitude John and His Eminence Silouan
after the consecration in Syria in August**

Patriarchal Visit to enthrone our new Archbishop**PROGRAMME**

- **Saturday 28 November 4.30 pm**
PATRIARCH ENTHRONES ARCHBISHOP
St George's Cathedral, Albany Street, Regents Park.
Contact MARTIN GROB for details of the coach from Colchester
- **Saturday 28 November 7.30 pm – 12 midnight**
RECEPTION AND DINNER (£100 per ticket!!!)
Royal Garden Hotel, Kensington High Street
- **Sunday 29 November 10.30 am**
PATRIARCH & ARCHBISHOP CONCELEBRATE HOLY LITURGY
St George's Cathedral, Albany Street, Regents Park
followed by lunch for all
- **Friday 4 December 11.00/11.30 am-3.30/4.00pm**
PATRIARCH & ARCHBISHOP VISIT OUR LOCAL MONASTERY
Monastery of St John the Baptist, Tiptree
- **Sunday 6 December 10.15 am**
PATRIARCH & ARCHBISHOP CONCELEBRATE HOLY LITURGY
St Aidan's Church, Levenshulme, Manchester

Everybody is welcome at all these occasions

We realise that you will be far from home - and *that* a home-land stricken by sickening division and devilish warfare - and we assure you of our support in sad days.

We understand that it may take a good period for you to visit every parish and mission, including our own, but we do believe that you will be of substantial aid to the promotion of the cause of Holy Orthodoxy just by your presence.

Your blessing! Welcome!

Father Alexander

St Helen's Chapel, Maidenburgh St, High St

St Helen's is 200m down behind the George Hotel in the High Street, but accessible from there only on foot. By car: leave Middleborough Roundabout (between dual carriageways Westway and Balkerne Hill), to Northgate; go straight along St Peter's Street to Castle Park; continue round the bend, up into Maidenburgh Street. The nearest car park is Nunns Road NCP, off St Peter's Street.

Saturday: Great Vespers usually 4.30 pm (check before coming)

Sunday: Mattins 9.45 am (or Hours 10.15 am), Divine Liturgy 10.30 am

Confessions: Saturday 5 pm, after Vespers, or by arrangement

Holy Marriage, Baptism, Funerals, Memorials etc: by arrangement

Parish Priest: Father Alexander (Alistair) Haig

17 Maidenburgh Street, Colchester CO1 1UB

Tel: 01-206-530-530 Mob: 07-947-047-201 Eml: parishpriest@orthodoxcolchester.org.uk

Rd: Andreas Moran, 6 Woodlands, Welshwood Park CO4 3JA Tel: 01-206-865-697

Churchwardens: David Davies 01-473-745-167 Dusan Radunovic 01-206-762-553

The Parish of St Helen is Registered Charity No. 1134418

Bank account: Sort Code 20-22-67 Account No. 50349364

Parish Website: <http://www.orthodoxcolchester.org.uk>

(At St James Anglican Church, Beatrice Rd, Clacton-on-sea CO15 1LE

Divine Liturgy: usually third Saturday of month 10.00 am

**HOLY LITURGY
CLACTON
Holy Liturgy
21 November
ENTRY OF THE
THEOTOKOS
10.00 am**

'LIGHTS FROM ANTIOCH' CONFERENCE WITH OUR NEW ARCHBISHOP

23-25 May 2016 at Swanwick in Derbyshire

Full details on the Porch table. The full cost for adults is £150, but I will find £50 per head, and if you get your booking to me by 15 December at the latest we can get another £10 off, so the price per adult is £90. Therefore book with me now.

FELLOWSHIP OF ST ALBAN & ST SERGIUS - NE ESSEX BRANCH
Bringing together Eastern & Western Christians

Tuesday 10 Nov 7.30 pm in St Helen's Chapel

Water, Wine, Oil & Bread - Things that Make Orthodoxy
 The significance and use of these matters in Orthodoxy,
 Fr Alexander explaining how the Church uses these
 elements of ordinary life.

Tuesday 1 December 7.30 in St Cedd's RC Hall, Old Road, Frinton

Virtues & Vices: What to seek and what to avoid
 Dr John Turner opening up on his current research on
 sayings by Paul of Constantinople.

*These meetings are open to all. You are invited to attend, and you
 may well learn more about Orthodox life and teaching.*

Here and There

CALLING FOR HELPERS FOR THE HOMELESS: Beacon House now runs a night shelter in St Peter's Hall on North Hill in the winter-months - mid-November to end of February - for those who would otherwise sleep on the streets. They need helpers for evenings, nights, and breakfast, and are having training evenings on **Friday 6 November** and **Tuesday 24 November**. Maybe you could offer a few hours a week on a rota? Further details from me.

NUNS' ICON EXHIBITION: The Sisters of St Elizabeth from Minsk are running an exhibition of their work in St John's Anglican Church, Ladbrooke Grove in Notting Hill in West London **16-30 November**; open Monday-Friday 10.00-1.00, or by appointment. There is a poster with details in the porch.

ECUMENICAL PATRIARCH BARTHOLOMEW is visiting London at the beginning of November. He will be at Vespers at St Sophia Greek Cathedral in Moscow Road in Bayswater on **Monday 2 November** at 6.00 pm.

St Constantine saw it in the sky. It is also on the Bread of the Holy Liturgy.



The People Column

BAPTISED: Congratulations to seven-month old **GEORGE** and **THEO**, twin-sons to **PETER** and **HANNAH SERGHOIU** of Clacton, and grandsons to **PETROS** and **GEORGINA**. Baptised here in October, I think they were the first Orthodox twins I have baptised: I won - but only just! They are smashing brothers for **ALEXIA (AMY)**.

BAPTISED also was **KALAIS GEORGE**, son to **GHEORGITA** and **CHLOE PASANIUC** of the Turner Road district. Congratulations to him also. He was only three months old and I managed him better! Many years to all the newly-baptised!

STELIOS NICOLAOU, who lost his dear wife **YANOULLA** last year, has sold his house in Clacton and moved back to Cyprus, to the flat in Nicosia where they generously entertained us a few years ago. We wish him happiness there, near his younger son, **NICK** and his family. He still has his older son **DOROS** and family in Guildford, and of course his brother **NICK (SOTERIOS)** and **ANGELA** in Clacton, so we hope to see Stelios

The Holy Archangel Michael has his feast on 8 November. He is much venerated by Orthodox Christians, and Michael is a popular name for people to give to their children. He is often thought of as the great 'soldier' of the Angelic or Bodiless Powers, and appears in the Holy Scriptures as the fighting one. He usually appears on the left-hand Deacon's Door of the iconostasis, balancing Gabriel on the right-hand one. The Angels as a whole glorify God in heaven, but Michael is thought of as the one sent by God to fight battles for him on earth. In icons he often carries a sword.



from time to time in these parts. For some years he has normally read the reading from the Apostle in Greek and the Creed at our Liturgy in St James's Church in Clacton.

DIMITRIOS TINIAKOS of Parkeston, Harwich, was a very quiet and humble man, who belonged to our congregation from early days. His faith was clear and transparent. Without a car, he was not able to get to church very much, and often it was for feasts on weekdays, so he will not be known to many of you. Sadly he has died aged 78, and the funeral was in Dovercourt Cemetery Chapel. I

shall miss his quiet and devout presence. Our sympathy to his wife **SYLVIA**, their three children and three grandchildren. Eternal memory!



NOVEMBER DAYS

Sun	1	Pentecost 22, Unmercenaries Cosmas & Damian
Tue	3	S Winifred of Holywell
Sat	7	S Willibrord, Archbishop of Utrecht, Apostle of Frisia
Sun	8	Pentecost 23, Synaxis of Archangel Michael & the Bodiless Powers
Mon	9	S Nektarios Kephalas
Tue	10	S Justus, Archbishop of Canterbury S Arsenius of Cappadocia
Wed	11	S Martin the Merciful, Bishop of Tours Martyr Menas of Egypt
Thu	12	S John the Merciful, Patriarch of Alexandria
Fri	13	S John Chrysostom, Archbishop of Constantinople
Sat	14	Holy Apostle Philip, S Gregory Palamas, Archbishop of Thessalonica
Sun	15	Pentecost 24, Beginning of the Nativity Fast
Mon	16	Holy Apostle & Evangelist Matthew
Tue	17	S Hilda, Abbess of Whitby
Fri	20	S Edmund the Martyr, King of the East Angles
Sat	21	Entry of the Theotokos into the Temple
Sun	22	Pentecost 25
Mon	23	S Alexander Nevsky
Tue	24	Hieromartyr Clement, Pope of Rome
Wed	25	Great Martyr Catherine of Alexandria
Thu	26	S Stylianos of Paphlagonia, protector of children
Sun	29	Pentecost 26 Hieromartyr Philoumenos, custodian of Jacob's Well
Mon	30	Holy Apostle Andrew the First-called

A Word from the Fathers

When anyone prays, the angels that minister to God and watch over mankind gather round about him and join with him in his prayer.

Nor is that all. Every Christian - each of the 'little ones' who are in the Church - has an angel of his own, who 'always beholds the face of our Father in heaven' and who looks upon the Godhead of the Creator.

This angel prays with us and works with us, as far as he can, to obtain the things for which we ask.

....It would seem then that when a number of the faithful meet together genuinely for the glory of Christ, since they all fear the Lord, each of them will have, encamped beside him, his own angel whom God has appointed to guard him and care for him.

So when the saints are assembled there will be a double Church, one of men and one of angels.

Origen (AD 185-284)

A fuller list of the month's Feasts and Fasts is available