Orthodox Parish of St Martin & St Helen
Antiochian Orthodox Christian Archdiocese of the British Isles and Ireland
Patriarchate of Antioch and all the East

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Tone 4
Saints Marcian and Martyrius the Notaries; Saints Crispin and Crispinian; Saint Tabitha; Saints Valerius and Chrysaphius; Saint Anastasius; Saint Valerinus; Saint Sabinus; Saint Varus of Egypt; Saint George, Bishop of Amastris; Saints Pappias, Diodorus and Claudian; the Holy Two Martyrs of Thrace; Saint Chrysanthe; Venerable Martyrius the Recluse and Martyrius the Deacon; Saints Faustus, Basil and Lucian; Saints Nicephorus and Stephen; Saints Philadelphus and Polycarp; Venerable Macarius, Bishop of Paphos in Cyprus

Epistle Reading
Galatians (2:16-20)

Prokeimenon in Tone IV

O Lord, how manifold are Thy works; in wisdom hast Thou made them all.
Verse: Bless the Lord, O my soul, O Lord my God Thou art very great.

Brethren, knowing that a person is not justified by the works of the Law, but through faith in Jesus Christ, even we have believed in Jesus Christ, that we might be justified by faith in Christ, and not by the works of the Law: for by the works of the Law shall no flesh be justified. But if, while we sought to be justified in Christ, we ourselves also were found sinners, is Christ then a minister of sin? God forbid! For if I build up again those things which I destroyed, I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ, nevertheless I live, yet not I, but Christ lives in me; and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave Himself up for me.

Alleluia.

Verse 1: Gird thee and prosper and reign, because of truth and meekness and righteousness.
Verse 2: Thou hast loved righteousness and hated iniquity. Therefore God, thy God, hath anointed thee with the oil of gladness above thy fellows.

Gospel Reading
Luke (8:26-39)

At that time, they reached the country of the Gadarenes, which is opposite Galilee. When Jesus stepped ashore, a man from the town who had had demons for a long time came to meet him. This man wore no clothes, and he did not live in a house, but in the tombs. When he saw Jesus, he cried out and fell down before him. With a loud voice, he said, "What do you want from me, Jesus, you Son of the Most High God? I beg you, do not torment me!" (For Jesus commanded the unclean spirit to come out of the man). The unclean spirit had often seized the man and he was kept under guard, bound with chains and fetters. [But he had been] breaking the chains and was driven by the demon into deserted places. Jesus asked him, "What is your name?" He replied, "Legion," for many demons had entered into him. And he begged Jesus not to command them to go into the abyss. Now there was a large herd of swine feeding on the mountain, and the demons begged him that he would allow them to enter into those [pigs]; and Jesus allowed them. The demons came out from the man and entered into the pigs. Then the herd rushed down the steep bank into the lake and [the swine] were drowned. When the people who fed the pigs saw what had happened, they fled and told the story in the city and in the countryside. Then people went out to see what had happened. They came to Jesus and found the man from whom the demons had gone out. He was sitting at Jesus' feet, clothed and in his right mind; and they were afraid. Those who had seen it told the people how the demon-possessed man had been delivered. All the people of the surrounding country of the Gadarenes asked Jesus to depart from them, because they were extremely afraid. So he got into the boat and went back. The man from whom the demons had gone out begged to go with Jesus,

but Jesus sent him away, saying: "Return to your house and proclaim what great things God has done for you." So the man went on his way, proclaiming throughout the whole city what great things Jesus had done for him.

Troparion of the Resurrection. Tone 4.

When the women disciples of the Lord learned from the angel the joyous message of Thy Resurrection; they cast away the ancestral curse and elatedly told the apostles; Death is over thrown! Christ our God is risen, granting the world great mercy.

Martyrs Marcian and Martyrius
Troparion

In holy zeal you dispelled the error of Arius and proclaimed the Trinity, one in essence. Holy martyrs Marcian and Martyrius, unshaken bulwarks of Orthodoxy, entreat Christ our God to grant us His great mercy.

Martyrs Crispin and Crispinian
Troparion

Your holy martyrs Crispin and Crispinian, O Lord, through their sufferings have received incorruptible crowns from You, our God. For having Your strength, they laid low their adversaries, and shattered the powerless boldness of demons. Through their intercessions, O Christ God, save our souls.

St Martin the Merciful
Troparion

In signs and in miracles thou wast renowned throughout the land of Gaul. By grace thou art a light for the world, O Martin, Bishop blessed of God. Deeds of mercy and compassion filled thy life with their splendours, teaching and wise counsel were thy riches and treasures, which still thou dost dispense freely to those who honour thee.

St Helen
Troparion

We behold thee, glorious Helen, with thy God-inspired son, in the joys of the kingdom of Heaven, and we magnify Christ, for he hath revealed to us thine honoured festival, giving light more brilliant than the sun. Therefore we cry in faith: O People, exalt Christ above all forever!

Theotokos Kontakion

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant; O despise not the suppliant voices of those who have sinned, but be thou quick, O good one, to come unto our aid, who in faith cry unto thee. Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honour thee.

St Demetrius of Thessaloniki (26 October)

The Great Martyr Demetrius the Myrrh-streamer is one of the most popular saints of the Orthodox world. Of noble Macedonian birth, he rose to high military rank under Galerius Maximian, yet stayed fervent for Christ, strengthening persecuted Christians and bringing many pagans to the faith.

Denounced by envious pagans, he was imprisoned in Thessaloniki. There he blessed the young Nestor, who then slew the pagan champion Lyaeus in the arena. The enraged emperor had Nestor beheaded and Demetrius impaled in his cell, around 306. Fragrant myrrh later flowed from his tomb, and he is honoured as the patron and protector of Thessaloniki.

Source: Adapted from OrthodoxWiki

Holy Liturgy this week

Monday 26 October, 8:10am
St Demetrius, St Helen's Chapel.