

**Pre-Feast of the Nativity of Christ
Troparion**

Prepare, O Bethlehem, for Eden has been opened to all! Adorn thyself, O Ephratha, for the tree of life blossoms forth from the Virgin in the cave! Her womb is spiritual paradise planted with the Divine Fruit: if we eat of it, we shall live forever and not die like Adam. Christ comes to restore the image which He made in the beginning!

**Forefathers of Christ
Troparion**

Great are the accomplishments of faith, for the three Holy Youths rejoice in the fountain of flames as though in the waters of rest; and the Prophet Daniel appeared a shepherd to the lions as though they were sheep. So by their prayers, O Christ God, save our souls!

**St Martin the Merciful
Troparion**

In signs and in miracles thou wast renowned throughout the land of Gaul. By grace thou art a light for the world, O Martin, Bishop blessed of God. Deeds of mercy and compassion filled thy life with their splendours, teaching and wise counsel were thy riches and treasures, which still thou dost dispense freely to those who honour thee.

**Preparation of Christ's Nativity
Kontakion**

Today the Virgin cometh to the cave to give birth in an ineffable manner to the pre-eternal Word. Rejoice, therefore, O universe, when thou hearest, and glorify with the angels and shepherds him who shall appear by his own will as a new Child, the pre-eternal God.

**Orthodox Parish of St Martin & St Helen
Antiochian Orthodox Christian Archdiocese of the
British Isles and Ireland
Patriarchate of Antioch and all the East**

Charity number: 1192469

Sunday 21 December 2025. Issue 8.

**Tone 3.
Sunday before the Nativity of Christ (The Genealogy);
Virgin-Martyr Juliana of Nicomedia; Martyr Themistokles of
Myra in Lycia.**

**Epistle Reading
Hebrews (11:9-10, 32-40)**

Prokeimenon in Tone IV

Blessed art Thou, O Lord, the God of our Fathers.

Verse: For Thou art justified in all that Thou hast done to us!

Brethren, by faith Abraham sojourned in the land of promise, as in a strange land, dwelling in tents with Isaac and Jacob, the heirs with him of the same promise. For he expected a city which has foundations, whose Builder and Maker is God. And what more shall I say? For the time would fail me if I tell of Gideon, Barak, Sampson, Jephthah, of David and Samuel and all the prophets, who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the power of fire, escaped the edge of the sword, from weakness were made strong, became mighty in war, and turned to flight armies of the aliens. Women received their dead by resurrection, and others were tortured, not accepting their deliverance, that they might obtain a better resurrection. And others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn asunder, they were tempted, they were slain

with the sword; they went about in skins of sheep and goats, being destitute, afflicted, tormented (of whom the world was not worthy), wandering in deserts and mountains, and in dens and caves of the earth. And all these, having obtained a witness through their faith, did not receive the promise, since God had foreseen something better for us, that apart from us they should not be made perfect.

Alleluia.

Verse 1: O God, with our own ears have we heard.

Verse 2: The righteous cried, and the Lord heard them!

Gospel Reading Matthew (1:1-25)

The book of the origins of Jesus Christ, the son of David, the son of Abraham. Abraham became the father of Isaac. Isaac became the father of Jacob. Jacob became the father of Judah and his brothers. Judah became the father of Perez and Zerah by Tamar. Perez became the father of Hezron. Hezron became the father of Ram. Ram became the father of Amminadab. Amminadab became the father of Nahshon. Nahshon became the father of Salmon. Salmon became the father of Boaz by Rahab. Boaz became the father of Obed by Ruth. Obed became the father of Jesse. Jesse became the father of King David. David became the father of Solomon by her who had been the wife of Uriah. Solomon became the father of Rehoboam. Rehoboam became the father of Abijah. Abijah became the father of Asa. Asa became the father of Jehoshaphat. Jehoshaphat became the father of Joram. Joram became the father of Uzziah. Uzziah became the father of Jotham. Jotham became the father of Ahaz. Ahaz became the father of Hezekiah. Hezekiah became the father of Manasseh. Manasseh became the father of Amon. Amon became the father of Josiah. Josiah became the father of Jechoniah and his brothers, at the time of the exile to Babylon. After the exile to Babylon, Jechoniah became the father of Shealtiel. Shealtiel became the father of Zerubbabel. Zerubbabel became the father of Abiud. Abiud became the father of Eliakim. Eliakim became the father of Azor. Azor became the father of

Sadoc. Sadoc became the father of Achim. Achim became the father of Eliud. Eliud became the father of Eleazar. Eleazar became the father of Matthan. Matthan became the father of Jacob. Jacob became the father of Joseph, the husband of Mary, of whom was born Jesus who is called Christ. And so, all the generations from Abraham to David are fourteen generations; from David to the exile to Babylon fourteen generations; and from the exile to Babylon until the Christ, fourteen generations. Now the birth of Jesus Christ happened like this: after his mother, Mary, was promised in marriage to Joseph but before they came together, she was found pregnant by the Holy Spirit. Joseph, her betrothed, who was a righteous man did not want to make her a public spectacle and so intended to put her away quietly. But as he was thinking about these things, behold, an angel of the Lord appeared to him in a dream, saying, "Joseph, son of David, do not be afraid to take Mary your wife home, for what is conceived in her is by the Holy Spirit. She will give birth to a son and you shall give him the name Jesus because he will be the one to save his people from their sins." Now all this happened so that what had been spoken by the Lord through the prophet might be fulfilled: Behold, the virgin shall be with child and bring forth a son. They shall call his name Emmanuel; which means, 'with us [is] God.' Joseph arose from his sleep and did as the angel of the Lord had commanded him: he took his wife to [live with] him, and had no relations with her before she had brought forth her firstborn son; and he named him Jesus.



Troparion of the Resurrection. Tone 3.

Let the heavens rejoice! Let the earth be glad! For the Lord has shown strength with His arm! He has trampled down death by death! He has become the first born of the dead! He has delivered us from the depths of hell, and has granted to the world great mercy.

